



Kelley Manning: Hello. And welcome to the first podcast of Women Going Beyond Wealth. I am Kelley Manning, a financial advisor with Beyond Wealth Advisors, located in Lee's Summit, Missouri.

The purpose of this women-focused podcast is two-fold:

First, to help women live joyfully by understanding and acknowledging their own wealth; and

Secondly, to provide ideas to help actively increase their monetary wealth.

I know that several of you are thinking, I do not have any wealth. I don't need to listen to this podcast. But I believe that you do! So, let us talk about wealth. It is such an all-encompassing word and one that we will use often in this podcast. Let me give you two definitions of wealth, from dictionary.com:

The first, "A plentiful supply of a particular desirable thing;" and

The second. "An abundance of possessions or money."

Let's first talk about monetary wealth. It is what initially comes to mind when discussing wealth – "an abundance of possessions or money." Wealth can provide financial freedom, but monetary wealth is personal – my definition of wealth will be completely different than anyone else. During this podcast, we will discuss ways to increase our monetary wealth, such as: investing, budgeting, retirement vehicles, refinancing, spending money wisely, alternative investments and various other financial-related topics.

As for the 2nd definition of wealth, "A plentiful supply of a particular desirable thing," Henry Ford is quoted as saying, "If money is your hope for independence, you will never have it. The only real security that a man (or woman, I might add) will have in this world is a reserve of knowledge, experience and ability." Knowledge, experience, and ability – a collective definition of wealth that is built over a lifetime. Our goal on this podcast is to help you increase your other sources of wealth – to increase your knowledge, broaden your experiences and challenge your ability.

Here is another quote, this time by Cesar Chavez, "True wealth is not measured in money or status or power. It is measured in the legacy we leave behind for those we love and those we inspire." Can I read that beautiful quote again? "True wealth is not measured in money or status or power. It is measured in the legacy we leave behind for those we love and those we inspire." I love this quote! But let's also define 'legacy'. For our purposes, 'legacy' is what is left after you leave – after you leave a conversation, leave a job or you leave a community. It is not just what remains after you die. So, a simple conversation with a friend can leave a lasting legacy, or how you conduct yourself at work can also leave a legacy. This is what 'going beyond wealth' means. To be intentional during your lifetime by leaving a positive legacy or an impression for those we love and those we inspire. Your wealth is extensive – your vast and ever-growing knowledge, your lifetime of experiences and your God-given abilities all combined with your mindful interactions with your friends, family, colleagues or even strangers. That is the definition of your true wealth and joyful living!

We will talk about funky topics that help you to live intentionally, consciously grow your other areas of wealth that help you live joyfully, such as parenting tips, acts of kindness, life balance although (is there really such a thing as life balance?) and other provocative, yet timely topics.

Notice that throughout this podcast, there have been a sprinkling of strong adjectives, such as mindful, grateful, conscious and a few others. Those are 'intentional' injections. To live a life of value, a life of legacy, one that leads you to your best life, it is impossible to sleepwalk. So, expect to be challenged and encouraged to make impactful, daily decisions. That first decision will be easy – just listen to the next Women Going Beyond Wealth podcast!

Thanks for listening. Again, this is Kelley Manning, financial advisor at Beyond Wealth Advisors. I can be reached at 816.246.8450. And you can follow me on Facebook and Linked In.

Have a blessed and awesome day.

Narrator: Thank you for joining us. Have ideas to pass along for a future podcast or feedback to share? Write us at pam.kearney@beyondwealthadvisors.com.

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